



**CLS offers free legal help with WIC.**

**If you are denied WIC or cut off, or if you have other issues, come to CLS.**

**Walk-in Intake:  
Community Legal Services**

North Philadelphia  
Law Center  
1410 West Erie Ave.  
Philadelphia, PA  
19140

**Mon, Wed., Fri.,  
9:00 am-12:00 noon**



## Do you need help buying groceries for your family?

- Did you know that Pennsylvania's **WIC** (Women, Infants and Children) program provides free grocery vouchers to low-income women and children?

### What food can I buy with WIC vouchers?

- Fruit, vegetables, dairy products (milk, cheese, yogurt), soymilk, eggs, grains (bread, tortillas, rice, pasta, cereal), beans, fish.
- Babies can receive infant formula and baby food.

### Who is eligible for WIC?

- Low-income pregnant women, nursing mothers, and children under the age of 5.
- Parents, foster parents and other legal guardians can apply for WIC for children in their care.
- WIC does not require proof of citizenship or immigration status.
- You can receive SNAP (food stamps) and also WIC.

### Does WIC go onto my EBT/Access card?

- Not yet. WIC still distributes grocery vouchers. In 2019 Pennsylvania plans to begin using a separate Access card for WIC.

July 2018

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**What is WIC's definition of low-income?**

- If you or your children receive SNAP (food stamps), MA (Medicaid) or TANF (cash assistance), you are automatically income-eligible for WIC, and you only need to show participation in one of those programs.
- You can still receive WIC even if you don't qualify for those other programs. Your income must be under 185% of the poverty line. The 2018 WIC income guidelines are approximately:

Household Size	Monthly income limit (approx.)
1	\$1,871
2	\$2,537
3	\$3,203
4	\$3,869
Each addt'l person	+ \$666

- A pregnant person counts as two people for household size.

**How do I apply for WIC?**

- You can submit a quick online pre-application here: <https://www.pawic.com/OnlineApplication.aspx>
- After you apply online, to be enrolled you will have to go to your local WIC office for an appointment. Philadelphia has neighborhood WIC offices around the city: <http://northwic.org/locations/>



**Center City Office:**

1424 Chestnut St. | Philadelphia, PA 19102-2505 | 215-981-3700 | [clsphila.org](http://clsphila.org)

**North Philadelphia Law Center**

1410 West Erie Ave. | Philadelphia, PA 19140-4136 | 215-227-2400