WHY YOU SHOULD SUPPORT PAID SICK DAYS & PAID FAMILY LEAVE

1 in 4 working mothers are back at work within 2 weeks of giving birth in the United States. (1)

Approximately 5 million 2009 H1N1 cases in 2009 might have been avoided with universal access to paid sick time. (2)

When parents take time to care for or be with their children during illness, child health outcomes improve, recovery is faster, and chronic illness is better managed. (3)

When workers have to care for their families, having paid leave is associated with better mental health and better physical status. (4)

Access to paid family leave is associated with lower infant mortality and longer time spent breastfeeding. (5)

(1) http://inthesetimes.com/article/18151/the-real-war-on-families
(2) 1.usa.gov/1MDXvit
(3) 1.usa.gov/1MDXvit
(5) http://inthesetimes.com/article/18151/the-real-war-on-families

THE PA COALITION FOR

HEALTHY FAMILIES
AND WORKPLACES

WWW.PHILLYEARNEDSICKDAYS.COM
No matter where you work, you can:

-Support federal legislation (The Healthy Families Act and the FAMILY Act) by writing to your legislators

If you work in or near a jurisdiction that passed paid sick days or paid family leave, you can:

-Tell your patients
-Tell your coworkers
-Keep materials about the law in your office
-Ask a local coalition to do a presentation to staff
-Help set up a training with staff who work one-on-one with clients

If you work outside of these jurisdictions, you can:

-Collect stories from patients who need paid sick days or paid family leave (with permission)
-Offer to help local coalitions by writing op eds or giving public testimony